

Appalachian Mountain Club
Boston Chapter

INTRO Committee

HOME

Trip Listings

The INTRO Committee provides opportunities to participate in a variety of outdoor activities from beginner (INTROductory) level up to intermediate level. We also accommodate members with disabilities. ASL = signer available on trip, WA = wheel chair accessible, B = suitable for participants with sight impairment. We do not offer activities that require advanced skill levels.

Listings as of 11/08/2007

Fri - Sun., Nov. 9 - 11, (INTRO) Gentle Fall Hiking in the White Mtns. Great time to be out on the trail - no bugs - cool weather with open views. Join us for hikes on Sat. and Sun. as we hike to scenic ponds, waterfalls, or mountain overlooks. Distance 5 miles, elevation gain 1500 ft. or less. Stay at Pembroke Lodge (LOF) in Woodstock, NH. \$125 covers two nights lodging, two brkfst, and Sat. dinner. Reg. with Kathy Didier, 603-726-3553 kdidier@suchmail.com Marilyn Pomerantz marilyn@firstmark.com 603-726-3144 Note: Kathy will be away from October 13 - 31, register with Marilyn during that time.

Wed - Sun, Nov. 21 - 25, (INTRO) Thanksgiving in the White Mtns. Join us for daily hiking and a delicious Thanksgiving dinner in the White Mountains. Enjoy the exercise, camaraderie, and good food on this extended weekend trip. Stay at Pembroke Lodge (LOF) in Woodstock, NH. \$280 covers 4 nts. lodging, 4 brkfst, 4 dinners and happy hours. Reg. with Elaine Kerrigan, 781-335-5464, gowithinyoga@aol.com CLs Fran Scullin, 401-233-2163, hikerfran@cox.net & Gene Schwartz. From Oct 14 - 26 Elaine Kerrigan will be away and Fran Scullin will respond to registration questions during that time.

Thu - Sun., Nov. 22 - 25, Celebrate Thanksgiving in the Whites! Hike, or hopefully ski in the White Mountains over Thanksgiving weekend. Join us for potluck Thanksgiving dinner and stay with us at the Conway Youth Hostel. If you already have Thanksgiving plans, come on up after your obligations. \$110 covers 3 nights lodging, 3 breakfasts, and 2 dinners. Reg. with L Lynn Matt (lmatt2002@hotmail.com) or CL Janette Noss jandnoss@yahoo.com

Sat., Dec 1, 10:00 AM (INTRO), Dog Hike through Punkatasset Conservation Land and Estabrook Woods - one of the best-loved recreational hiking areas in the Boston Area. Casual hike approx. 4 - 6 miles or 2 - 3 hrs depending on weather. Dress accordingly, bring water & snack. Directions: from Concord Town Square, take Monument Street

north until you pass the Old North Bridge. The park is on the left, about 3/4 miles after Concord River. Park in one of the turnouts along Monument Street where AMC signs are placed. Details: call CL Joyce Bailey (781-643-8681). L: Dan Pratt.

Sat, Dec. 8, (INTRO) Pack Monadnock to North Pack Thru Hike. Invigorating late autumn - early winter hike along the Wapack and Cliff Trails from Pack Monadnock to North Pack. Moderate hike with some steep sections of approximately 7 miles. We will spot cars. Must have previous hiking experience and winter gear as conditions dictate. Après-hike in Peterborough. Rain date is Dec. 9th. Register with L. Dennis Blejer Blejer@LL.MIT.edu CL TBD.

Dec. 15 Deadline for Far Hills Inn Trip deposit See Feb 3-8

Wed. - Sun., Dec. 26 - Jan. 6, Culture, Exploration & Camel Trekking - A Moroccan Adventure. Fez is our entry/exit point for this 12-day adventure. Intermediate hiking skills, good conditioning required to keep up a steady pace for 5 days of trekking by foot and riding camel in Sahara dunes. Reg. early! See full trip details in OUTDOORS - Major Excursions. Cost -\$1883 plus airfare \$1000 includes accommodations, breakfast, all meals while on trek, \$450 for optional 3-day Marrakech extension until Jan 10. Full trip details contact L Peter Fraunholtz (617-983-2351; fraunholtz@hudce7.harvard.edu), CL Lynn Matt (lmatt2002@hotmail.com)

Fri. - Tues., Dec. 28 - Jan 1, (INTRO) New Years Mini-Vacation in the White Mountains. X - C skiing, snowshoeing, skating, relaxing, and enjoying good company. \$375. covers 4 nts. lodging, 4 brkfsts, 3 dinners, wine tasting, New Year's celebration, and other surprises Reg. With L. Kathy Didier (kdidier@suchmail.com 603-726-3553) Ls. Nancy & Bob DiMeo, BNDimeo@charter.net 978-649-6255 Sarah Adams, sjadams@fas.harvard.edu 781-648-3766. From Nov. 25 - Dec. 8, please contact Nancy, Bob or Sarah to register.

Fri. - Tues., Dec. 29 - Jan. 1, Celebrate New Year's Weekend at Applebrook B&B (Jefferson, NH). Group skiing at touring centers or backcountry, snowshoeing and winter hiking options available. Party with DJ on New Year's Eve. Cost ranges from \$185 - \$245 including lodging, 3 brkfsts and 2 dinners. Luxury rooms (with hot tub) available at a higher price. Contact: Nancy Kelly (L) npkelly@mit.edu, (978) 276-1284, Dennis Blejer (L) Blejer@LL.MIT.Edu, (978) 443-1743, Marguerite Ormond (L) mormond@comcast.net (781) 396-6651

Fri. - Sat., Jan 4 - 6, (INTRO) X - C Ski in Waterville Valley (NH) area at their touring center with beautiful wide trails or ski back wood trails depending on snow conditions and skier ability (if no snow - option is to hike if you have stabilizers for your hiking boots). Stay at LOF with comfortable beds, hot tub and cozy fireplaces. \$100 includes Fri. light supper, 2 brkfsts, Sat. dinner & all trail lunches. Limited to 8 participants. Payment in full due by Dec. 15, 2007. L. Marjorie Jordan, 617- 969 -6863 magjor@verizon.net CL: TBA

Thurs., Jan. 10, (INTRO) Evening Ice Skate, Boston Frog Pond, Meet at the Boston Common Frog Pond at 6 PM for an evening skate. Enjoy the fresh air and move around on the ice. Admission is \$4 per person, skate rentals available for \$8. Possible dinner or snack. No reg. required. CL Rachel Neuwirth (rbn8000@yahoo.com 617-868-0136 before 9:30pm) or L Carol Fyfe (fyfecarol@hotmail 781-944-0221 before 9:30pm).

Fri. - Sun., Jan. 11 - 13 Snowshoeing in the White Mountains, EASY snowshoeing for those who would like to explore the White Mountain National Forest during the winter season. Four to five mile hike each day. Bridal Veil Falls on Sat. and Peaked Hill Pond on Sun. (Different hikes will be offered during Feb. 29 - Mar. 2 wknd). Stay at Pembroke Lodge (LOF) in Woodstock, NH. \$125 covers lodging at Pembroke Lodge, two brkfst, Sat. dinner. Reg. with Kathy Didier, kdidier@suchmail.com , 603-726-3553 or Marilyn Pomerantz marilyn@firstmark.com 603-726-3144 Kathy will be away from Jan. 19 - Feb. 11. Contact Marilyn Pomerantz during that time.

Sat, Jan 12, (INTRO) Mt. Chocorua Winter Hike. Enjoy spectacular 360 degree views at the summit after hiking the 5-star rated Champney Falls Trail. This moderately steep hike starts from the Kancamagus Highway and leads past frozen waterfalls to a height of 3,500 feet. If conditions permit we may pay a visit to the 3 Sisters. Experience with crampons and full winter gear required. Reg. W/ CL Eliza Grinnell grinnell@seas.harvard.edu (617-515-1095). L Dennis Blejer.

Fri. - Mon., Jan. 18 - 21, Craftsbury MLK Holiday Weekend at Craftsbury (VT) Outdoor Center. Cross Country Ski or snowshoe out the door at this Northeast Kingdom (Vermont) resort. Wide Groomed Trails for all levels. \$ 315. covers trail passes, 3 nts. lodging (dbl. occ.), all meals Friday dinner through Monday lunch. Kathy Didier 603-726-3553 kdidier@suchmail.com Nancy DiMeo BNDimeo@charter.net 508-426-4332, Carol Fyfe fyfecarol@hotmail.com Kathy will be away from Nov. 25 - Dec. 8. Please contact other leaders during that time.

Fri. - Sun., Jan. 25 - 27, (INTRO) X - C Ski in NH Waterville Valley area at the touring center with beautiful wide trails or ski back wood trails depending on conditions. Stay at LOF with comfortable beds, hot tub and cozy fireplaces. \$100 includes Fri. light supper 2 brkfst, Sat. dinner and all trail lunches. Limited to 8 participants. Payment in full by Dec. 15, 2007 L: Marjorie Jordan 617-969-6863 magjor@verizon.net CL TBA

Sat., Jan. 26 (INTRO) X - C Intermediate Day Trip to NH Join us for a day trip to NH for intermediate cross-country skiing. Final location depends on snow conditions (Waterville or Windblown). Optional group dinner after skiing. Reg. with CL Rachel Neuwirth (rbn8000@yahoo.com 617-868-0136 before 9:30pm) or CL Janette Noss (jandnoss@yahoo.com) or L Lynn Matt (lmatt2002@hotmail.com).

Fri. - Sun. Feb. 1 - 3, (INTRO) X - C ski/snowshoe/or hiking - if no snow, North Conway, NH. Stay at the plush Red Jacket Hotel with beautiful mountain views. Enjoy the recently constructed indoor 40,000 sq. ft. water park or the fireplace in the elegant lounge with live music and dancing after dark. \$280 covers 2 nights in room with 2

double beds or large king bed. 2 buffet style brkfst & Sat. night dinner. Tax and gratuities included. Reg. W/ L Dan Pratt 781 933 7833 danpratt41@comcast.net CL Lynn Matt.

Sat, Feb 2, (INTRO) Mt Moosilauke Winter Hike. Moderately strenuous hike up the Beaver Brook trail. Approx. 8 miles. Snowshoes, crampons, and winter hiking experience required. Après-hike in Woodstock. Storm date Sun. Feb 3. Reg. with L Dennis Blejer, Blejer@LL.MIT.edu CL TBA.

Sun.- Fri., Feb. 3 - 8, FAR HILLS INN, VAL-MORIN, QUEBEC, CANADA Enjoy daily Hatha yoga, x-country skiing and snow shoeing at Canada's premier cross country ski resort in the heart of the Laurentian Mountains. Includes daily yoga, 5 nights lodging and amenities, 5 breakfasts, 5 five course gourmet dinners, x-country skiing on the extensive system of trails. Cost: Approximately \$565 US (dependant on exchange rate), excludes service charge and taxes. Dep. \$100.00 must be received by December 15th. Contact: L Elaine Kerrigan, gowithinyoga@aol.com 781-335-5464.

Fri. - Mon., Feb. 15 - 18, (INTRO) Presidents' Holiday Weekend, Join us for three days of X-C skiing and snowshoeing. Ski trips led at int. level and snowshoeing at a novice level over White Mtn. Nat'l Forest trails. Downhill skiing, ski touring centers and ice skating available nearby. \$225 covers 3 nts lodging, 3 brkfst, 2 dinners. Stay at Pembroke Lodge (LOF) in Woodstock, NH. Reg. With L Kathy Didier 603-726-3553 kdidier@suchmail.com Ls. Nancy & Bob Dimeo, bndimeo@charter.net 978-649-6255 Gene Schwartz 781-646-6335 Kathy is away from Jan.19 - Feb. 11, contact the other leaders during that time.

Tues. - Thurs., Feb. 19 - 21 (INTRO) Mid-week Snowshoe Hikes in the White Mtns. During this winter vacation week join us for two days of easy snowshoe hikes of 4 - 5 miles per day to scenic waterfalls, lakes or ponds. Beginners welcome. Must have warm hiking boots. Stay at Pembroke Lodge (LOF), Woodstock, NH. \$125 covers lodging, 2 brkfst, Sat. dinner and happy hour. Ls Fran Scullin 401-233-2163 hikerfran@cox.net and Kathy Didier 603-726-3553 kdidier@suchmail.com After Jan. 20, reg. with Fran Scullin.

Thurs., Feb. 21, (INTRO) Full Moon X-C Ski, Carlisle (MA) After work skiing by the light of a full moon on lantern-lit groomed trails at Great Brook Farm. Après ski dinner at local restaurant. Reg. with a leader: CL Jim Guion (jguion@akamai.com), CL Rachel Neuwirth (rhn8000@yahoo.com; 617/868-0136 before 9:30PM), or L Karen Brody, (kbrodybel@aol.com 617/926-0927 before 9:30 pm).

Fri. - Sun., Feb. 22 - 24, (INTRO) Annual Ski & Games Weekend. X - C at Bretton Woods Nordic touring center w/opt. for DH ski nearby. Stay at Applebrook, cozy inn w/wholesome breakfast & Sat. Dinner. On Sat. evening relax and play board games. \$130 - \$201 includes lodging, two brkfst, Sat. dinner. Contact CL: Carla Schwartz Carlalist@gmail.com or L: Debbie Smith at Lawdeb@aol.com. Deposit must be received by Feb. 15, 2008.

Fri. - Mon., Feb. 29 - Mar. 2, (INTRO) Vermont Snowshoe Weekend, Join us for a weekend of snowshoeing and relaxation in the Green Mountains of Vermont. Celebrate Leap Year 2008 with hikes of about 5 miles at a moderate pace with breath-taking views and plenty of time to relax and enjoy nature. \$195 (p.p.d.o.) covers 2 nts. lodging, 2 brkfst, Sat. night dinner and Happy Hour. We will stay at the Blue Gentian Lodge in Londonderry, VT (Google search: Blue Gentian Lodge - for details) Ls: Fran Scullin 401-233-2163 hikerfran@cox.net and Elaine Kerrigan, 781-335-5464 gowithinyoga@aol.com

Fri. - Mon., Feb. 29 - Mar 2, (INTRO) Snowshoeing in the White Mountains, More EASY snowshoeing over trails in the White Mountain National Forest. Four mile hike each day. Hike on snowshoes to Lonesome Lake AMC Hut in time for lunch on Sat. and through "The Flume" on Sun. \$125 covers lodging, two brkfst, Sat. dinner. Stay at Pembroke Lodge (LOF) in Woodstock, NH. Reg. with Kathy Didier, kdidier@suchmail.com, 603-726-3553 or Marilyn Pomerantz marilyn@firstmark.com 603-726-3144. Kathy will be away from Jan 19 - Feb. 11. Reg. with Marilyn Pomerantz during that time.

Fri. - Sun., Mar. 7 - 9, Snowshoeing Hikes in the White Mtns. Explore scenic trails in the White Mountain National Forest. Hikes of 4 - 6 miles per day - depending upon weather. Stay at Pembroke Lodge in Woodstock, NH (LOF) \$125 covers 2 nights lodging, 2 brkfst, and Sat. dinner. Contact Kathy Didier to register Kdidier@suchmail.com 603-726-3553. Leaders: Nancy and Bob DiMeo bndimeo@charter.net 978-649-6255. Kathy will be away from Jan. 19 - Feb. 11. Contact Nancy Dimeo during that time to register.

Fri. - Sun., Mar. 7 - 9, X-C Ski Right Out the Door at Craftsbury (VT), Up to 100 km of groomed X-C ski trails, through fields, rolling hills, across lakes, and into a small town along with other activities that include snow-shoeing, ice-skating, and après-ski sauna all in good company. \$189 includes all activities, 2 nights' lodging, and 6 sumptuous & healthy meals: Fri/Sat Dinner, Sat/Sun brkfst & lunch, & 3 days of X-C ski trail passes, Potluck social our on Sat. 2 persons/rm., shared bath. Reg. before Feb. 15 with L Carla Schwartz, (carlalist@gmail.com) 508-626-7455 (before 9 PM).

Fri. - Sun., Apr. 4 - 6, SOLO Advanced Wilderness First Aid, Part II. For those who have previously taken a SOLO Wilderness First Aid course. Certification for these courses is good for two years. This is an ideal course for AMC Leaders who require re-certification or others that would like to go beyond the basic Wilderness First Aid. \$200 covers SOLO Course fee, AMC fee, two nts lodging at Pembroke Lodge (LOF) in Woodstock NH, two brkfst, Sat. dinner & happy hour. Reg. with Kathy Didier kdidier@suchmail.com 603-726-3553 Kathy will be away Jan. 19 - Feb. 11 and Mar. 8 - 25.

